

**Course:** RYA Level 1 and RYA Level 2  
**Venue:** John Morgan Training Centre Llangorse SC RTC  
**Timings:** 9.30am - 5.00pm

Welcome to Llangorse Sailing Club RYA Training Centre (RTC). We aim to provide you with a learning challenge that is fun and enjoyable and at the end of your chosen course you will receive an RYA certificate to prove your improved competence.

**Location**

Llangorse SC is situated near Llangorse Village (nearest postcode is LD3 7TR). Follow signs to the lake from Llangorse village. On Llangorse Common, turn right just after the main carpark and go to the club’s metal gate.

*Please be in good time and changed for sailing by the start time of the course.*

**Syllabii**

The Adult Start Sailing (L1) course includes:

<ul style="list-style-type: none"> <li>• Rigging and parts of the boat</li> <li>• Sailing Techniques and Manoeuvres</li> <li>• Launching and Recovery</li> <li>• Ropework (basic knots)</li> <li>• Sailing Theory (introduction)</li> </ul>	<ul style="list-style-type: none"> <li>• Clothing and Equipment</li> <li>• Basic “Rules of the road” and IRPCS</li> <li>• Safety on and off the water</li> <li>• Meteorology (wind and weather)</li> <li>• Introduction to our local procedures</li> </ul>
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The Adult Basic Skills (L2) course includes additionally: -

<ul style="list-style-type: none"> <li>• Rigging according to weather/tuning</li> <li>• Theory/Practical of the Five Essentials</li> <li>• Sailing a triangular course</li> <li>• Launching and Recovery – Lee shores</li> <li>• Ropework – extra knots</li> <li>• Sailing Theory– No Go Zone + sail theory</li> <li>• Tides (Course made good)</li> </ul>	<ul style="list-style-type: none"> <li>• Capsize and Man Overboard Recovery</li> <li>• Coming alongside a moored boat</li> <li>• Racing rules and IRPCS recap</li> <li>• Safety on the water</li> <li>• Meteorology + Beaufort Scale</li> <li>• Local procedures</li> </ul>
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**What to bring:**

- Logbook (RYA G4 if you don’t have one then one will be provided)
- Buoyancy aid or lifejacket if you have one – otherwise will be provided
- Wetsuit or warm clothing
- Water-proof jacket & leggings
- Dinghy boots or trainers – they will get wet
- Hat – woolly if cold, cap if sunny
- Suncream
- Glasses/sunglasses – bring a retention strap so you don’t lose them
- Towel and change of clothes – expect to get wet (hot showers available)

**Meals/accommodation**

Unless otherwise advised you will need to bring a packed lunch with you each day for courses that last all day. Hot drinks are available on site and some snacks (at usual cost). Facilities for heating food are available. No over-night accommodation is available on site.

### Instruction

All the instructors are RYA qualified and hold a current First Aid certificate. There will be at least one RYA Senior Instructor in overall charge working with Dinghy Instructors to lead the various sections of the course. Assistant Instructors may be present who are experienced sailors assessed as competent by the Chief Instructor to assist the Dinghy Instructors. Please listen carefully to the safety instructions and the advice that these people give so that you get the most out of your course. Remember that all the instructors are volunteers and get no expenses for teaching; so please treat them kindly!

All the courses offered by LSC RTC follow the RYA approved methods and syllabi but will be tailored to your capabilities and the progress you make. You will receive individual and group feedback.

### Assessment

Your G4 logbook will be endorsed by the Dinghy Instructors as you progress through the RYA syllabus. They will sign-off sections where they observe the competence being demonstrated consistently well. The course is one of continuous assessment, there are no exams. Much will depend on weather conditions too, because being able to sail satisfactorily in light airs does not necessarily demonstrate good sailing competence generally. Consequently, whilst a course may be labelled as say “*Start Sailing L1 course*” etc. you may not be capable of reaching that standard or the weather may not allow the full certificate to be awarded. The club will not give a refund in these circumstances.

### Complaints Procedure

If in the unlikely event you are not satisfied with your course, or if you have a problem with any part of it or any instructor, then please approach the Senior Instructor on site in the first instance as soon as possible. If this is inappropriate or if you are still not satisfied then contact the Training Principal:

[llangorsesailingclub.training@gmail.com](mailto:llangorsesailingclub.training@gmail.com) . If you are still not satisfied then you should inform the Llangorse SC Secretary. As a last resort contact the RYA. Please do not contact the RYA in the first instance as your enquiry will be immediately referred to the Training Principal. All complaints will be carefully considered and resolved where possible. LSC RTC does not offer any form of guarantee but will always act professionally and within RYA policy. The RYA may contact students directly when this is necessary for quality assurance of RYA training, for example in the investigation of a complaint or incident. In these instances the information is used solely for that purpose.

### Cancellation policy

If the course, or any part of it, is postponed due to weather conditions, force majeure or other cause outside the control of Llangorse Sailing Club or its RTC, every reasonable effort will be made to offer suitable alternative date(s) being within three months of the original starting date. Failing this agreement, a refund may be offered at the Principal’s discretion.

If the course or any part of it is cancelled for reasons within the club or RTC’s control (such as Instructor resources being unavailable or equipment failure etc.) then alternative date(s) will be offered. If the revised dates are unsuitable for the applicant a full refund will be given.

If the applicant cancels or is unavailable for any part of the course and gives less than two weeks’ notice of the start date, then suitable alternative date(s) may be offered, but a refund will not be given.

### GDPR General Data Protection Regulations

Personal data will be used solely for administering this course and may be stored on the club’s and club officials’ computers. The RTC will keep a record of RYA certificates issued for seven years. Llangorse Sailing Club is registered under the Data Protection Act and the Registered Training Centre is governed by Llangorse SC and the RYA. The club undertakes to keep all candidates’ data secure and not pass it to third parties without prior permission.