



CLUB RACING SAILING INSTRUCTIONS (Club SI's) 2021

1. RULES

- 1.1. Racing will be governed by the rules as defined in The Racing Rules of Sailing and the rules of the individual classes.

2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors will be posted on the official notice board(s) located in the Clubhouse.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any changes to the Sailing Instructions will be posted at least one hour before the advertised start time of the race or races concerned.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the flag pole adjacent to the clubhouse or on the mast of the committee boat when it is adjacent to the Clubhouse.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 20 minutes' in race signal AP.

5. SCHEDULE OF RACES

- 5.1. Racing is scheduled as shown in the Club racing programme.
- 5.2. The scheduled time of the starting signals will be as follows:

All Sunday Morning Points Series

Start not before 11:30 Committee boat line

The standard start sequence shall be:

General Handicap	PY less than or equal to 1200
Slow Handicap	Juniors / Novices / PY more than 1201

Sunday Afternoon / Evening Points Series

Start not before 13:30 Committee Boat line

The standard afternoon start sequence shall be:

Flying Fifteens	Flying Fifteens
General Handicap	PY <= 1200
Slow Handicap	Juniors / Novices / PY>1201

5.3. Trophy Races or two day events may be a single General Handicap start.

5.4. At the discretion of the Sailing Committee, Trophy Races may be rescheduled to allow for any inclement weather causing loss of events.

6. CLASS FLAGS

6.1. The Class flag or flags to be used will be:

Flying Fifteens	International code Flag F	
General Handicap	International code Flag G	
Slow Handicap	International code Flag J	

7. RACING AREAS

7.1. The sailing area on Llangorse Lake is shown in Appendix 1. Boats shall not sail at any time in the exclusion and avoidance zones and any boat so doing will be scored DSQ without a hearing. This changes RRS 63.1.

7.2. Infringements of this SI may also be considered under RRS 69.

8. AREAS THAT ARE OBSTRUCTIONS

8.1. Exclusion and avoidance zones, marked with yellow, orange or red buoys are designated as obstructions. See Appendix 1.

8.2. The red buoy off Llangasty Point must be passed on the lake side at all times.

8.3. Racing boats should not enter a zone defined as 20m radius of a fishing boat. This zone is considered an obstruction.

9. THE COURSES

9.1. Approximate positions of the fixed marks are shown on the map board in the club house and in Appendix 2 - Mark Names and Approximate Locations.

- 9.2. The course and number of laps will be displayed no later than the warning signal on the start boat and may also be displayed on a course board ashore.
- 9.3. The name or letter of each mark will be shown in the order that they are to be rounded.
- 9.3.1. Marks signified by boards with a red background are to be rounded or passed to port.
- 9.3.2. Marks signified by boards with a green background are to be rounded or passed to starboard.
- 9.3.3. If more than one round is to be sailed a board with a black numeral will be displayed after the mark boards. The numeral will indicate the number of rounds to be sailed unless the course is shortened.
- 9.4. For Club racing competitors must pass through the start / finish line on each lap.
- 9.5. If a change of course is made before the warning signal code flag C will be displayed, accompanied by repeated short blasts. Code flag C may then be removed at any time after the Warning signal without a sound.

10. MARKS

10.1. Rounding marks may be any of the following:

- Fixed marks, which are blue cans. See Appendix 2 - Mark Names and Approximate Locations.
- Moveable Green cans.
- Dan buoys bearing a flag. This will be denoted mark "X" "Z" or "J"
- Orange Inflatable sausage marks .
- Large inflatable marks marked 1, 2, 3 and 4.

11. THE START

- 11.1. Races will be started using rule 26 with the warning signal given 5 minutes before the starting signal.
- 11.2. The starting line will be a line between the main mast flying an orange flag on a Committee Boat and a nearby-designated mark.
- 11.3. Boats whose preparatory signal has not been made are reminded of their obligations not to interfere with boats that are racing as set out in RRS 24.1.
- 11.4. A boat starting later than 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A512

12. THE FINISH

- 12.1. The finishing line will be a line between the main mast flying a blue flag on a Committee Boat or a staff on a Safety Boat, and a nearby-designated mark.

- 12.2.If a race is shortened at the Committee Boat by the display of flag S, with or without individual Class flags, boats in the relevant Classes shall be finished as they next pass through the finish line. Boats' finishing positions and elapsed times shall be adjusted according to the number of rounds they have sailed. This changes RRS 32.
- 12.3.If a race is shortened at the Committee Boat by the display of flag S and flag B, with or without individual Class flags, the time at which the boats in the relevant Classes passed through the gate at the end of their last completed round shall be used as their finishing time. Boats' finishing positions and elapsed times shall be adjusted according to the number of rounds they have sailed. All boats in the relevant Classes are considered to have finished racing when the Flags S and B signal is made. This changes RRS 32
- 12.4.A boat completing fewer laps shall not beat a boat of the same type class that has completed a greater number of laps. If the times recorded as in SIs 12.2 and 12.3 above cause this to happen, then either the actual lap times of the previous lap for boats completing the greater number of laps should be used or the average lap times of the boats completing the smaller number of laps should be adjusted to create an equitable result

13.PENALTY SYSTEM

- 13.1. For all fleets RRS 44.1 is changed so that the two turns penalty is replaced by the one-turn penalty.

NB. This Rule change is only in force for Club Racing not Open Meeting.

14.TIME LIMITS

- 14.1. The time limit for all fleets will be 90 mins unless specified in the Notice of Race.
- 14.2.Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored DNF. This changes RRS 35, A4 and A5.

15.PROTESTS AND REQUESTS FOR REDRESS

- 15.1. Protest forms are available in the Clubhouse and protests shall be delivered to the Race Officer within the protest time limit.
- 15.2.For each class, the protest time limit is 45 minutes after the last boat has finished. If races are held back to back this applies to the last race of the session.
- 15.3.The same protest time limit applies to all protests by the race committee and to requests for redress. This changes rules 61.3 and 62.2.
- 15.4.Notices will be posted no later than 30 minutes after the expiry of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. It shall be the responsibility of competitors to check the notice board for such notices, obtain their copy of the protest form and make sure that they and their witnesses attend the hearing.

16. SCORING

16.1. The low points scoring system of RR Appendix A.4 will apply for individual races

16.2. Refer to Notice of Race for Club racing for series scoring

17. SAFETY REGULATIONS

17.1. Competitors shall wear a personal flotation device (pfd), at all times, whilst afloat except when changing or adjusting clothing or personal equipment. This changes RRS 40. Wetsuits or drysuits are not considered to be adequate as a pfd.

18. REPLACEMENT OF CREW

18.1. Substitution of crew /competitors in a series will be allowed at the discretion of the Race Committee.

18.2. Where results count towards a series, then only the results scored by the same helm will count. Results from a different helm shall not be combined, even when helming the same boat except as detailed in the Junior series NoR.

18.3. Sailors entered into the Junior series can carry scores from different boats and helms as detailed in the NoR.

19. EQUIPMENT AND MEASUREMENT CHECKS

19.1. A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions.

20. RADIO COMMUNICATION

20.1. Except in an emergency a boat that is racing shall not make voice or data transmissions and shall not receive voice or data transmissions that is not available to all boats.

21. PRIZES

21.1. Award of annual trophies and prizes will be at the discretion of the Race Committee.

22. RISK STATEMENT

Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone"

Sailing by its nature is an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;

- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats and other officials and volunteers by the club does not relieve them of their own responsibilities.
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions as can be practically provided in the circumstances.
- g) It is their responsibility to familiarise themselves with any risks specific to the venue or the race drawn to their attention in any rules or information produced for the venue or race and to attend any safety briefing held for the event.

The LSC, its members and those assisting in the race organization will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after any race

23.INSURANCE

Each participating boat shall be adequately insured with valid third-party liability insurance minimum £3 million.

24.INVASIVE SPECIES

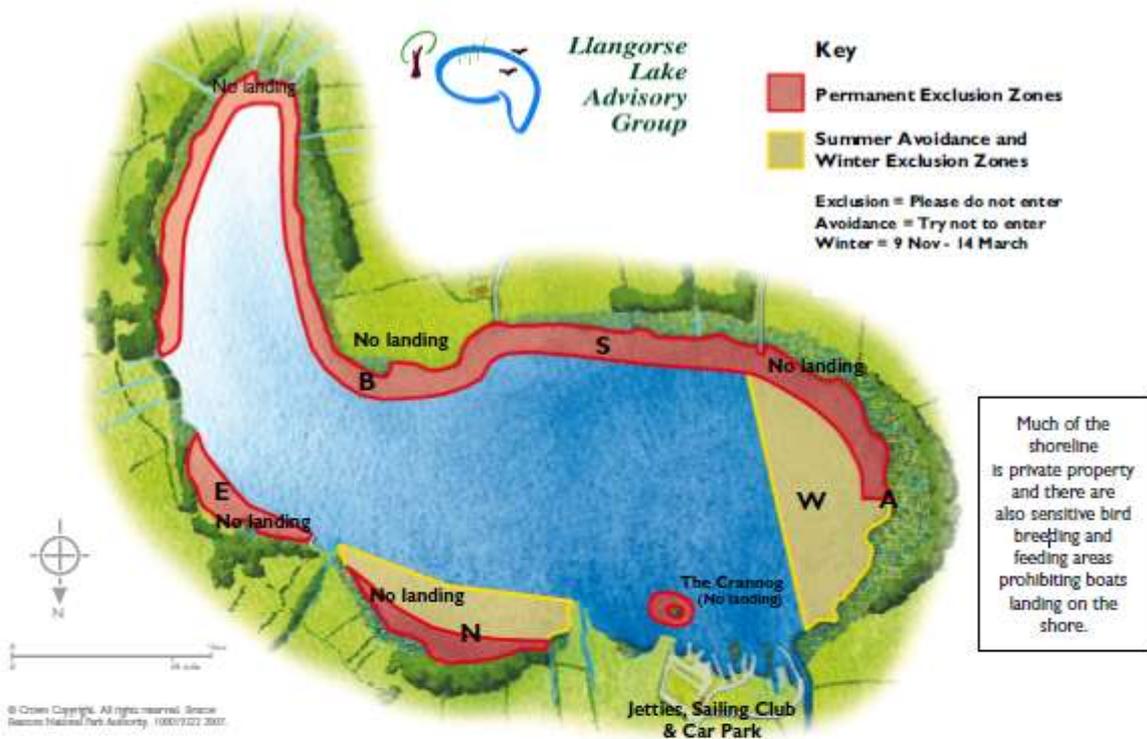
In order to prevent the spread of non-native species there is a requirement to ensure that boats are clean before they visit the site using the principle of Check Clean Dry <http://www.nonnativespecies.org/checkcleandry/index.cfm>.

Whenever you leave the water, remember to Check Clean Dry

CHECK	Check boats, equipment and clothing after leaving the water for mud, aquatic animals, or plant material. Remove anything you find and leave it at the site. Reapply anti-fouling annually.
CLEAN	Clean everything thoroughly as soon as you can, paying attention to ropes, bilges, trailers and areas that are damp and hard to access. Use hot water if possible.
DRY	Dry - drain water from every part of your boat and trailer before leaving the site. Dry everything for as long as possible before using elsewhere as some invasive plants and animals can survive for two weeks in damp conditions.

Appendix 1

Zoning Arrangements at Llangorse Lake



Llangorse Lake is a special place enjoyed by many people especially boating enthusiasts, anglers and naturalists. It is the only large natural lake in South Wales and its great wildlife value is reflected by its designation as a site of European importance. An Advisory Group representing all the main interests has been formed to advise the owner on the use of the lake. This group introduced voluntary restrictions in 1999 to benefit the ecology of the lake and its enjoyment. The intention is to protect the reed beds, the areas of water lilies and pond weeds and to avoid excessive disturbance of birds. The restrictions have now been simplified to some extent but are still complicated because so many interests are involved. However, they will help to conserve the lake for everyone to enjoy and we ask all visitors to respect them. The map shows the restricted zones and the details are as follows.

Llangorse Lake Advisory Group.
c/o Brecknock Wildlife Trust, Lion House, Bethel Square, Brecon, LD3 7AY. Tel: 01874 625708. Fax: 01874 610552.

ZONING ARRANGEMENTS AT LLANGORSE LAKE

Definitions & interpretations

Craft:

Category 1 - power boats towing either water-skiers or inflatables. Restricted to current permit holders who must be members of the British Waterski Federation. Not to exceed 8kph (5mph) unless towing skiers or inflatables.

Category 2 - boats when propelled by engine, other than as in category 1, which must not exceed 8kph (5mph).

Category 3 - boats with centreboards or keels, to include sailboards.

Category 4 - canoes, kayaks, rowing boats and other manually propelled craft.

Category 5 - Craft used for Safety / Emergency / Lake and Race Management or Training. Restrictions do not apply to this category of craft when being used for such operations.

Jetskis, hovercraft, hydrofoils and paragliding. Not allowed on the lake at any time.

All powerboats to be effectively silenced i.e. to the manufacturers' specification.

No powerboat to be used without due care and attention

Zones:

Definition of zones as shown on the agreed map.

i - Reed beds

ii - Permanent Exclusion Zones

iii - Summer Avoidance Zones

iv - Winter Exclusion Zones

v - The Island (The Crannog) - No access at any time without the Owners or Agents permission.

i & ii - Permanent Exclusion Zones.

a - Reed beds: No craft to intentionally enter any reed bed at any time.

b - South (S)/ West (W) Zone: A strip approximately 50 metre wide from the lakeside of any reed-bed or the shoreline, whichever is the greater, between points **A & B** marked by RED & ORANGE buoys

c - North Zone (N): A strip adjacent to the shore marked by RED & ORANGE buoys

d - East Zone (E): Marked by RED & ORANGE buoys.

e - Southern Leg: Inshore shallow areas close to the reed bed and/or shore around the southern leg of the lake

f - The Island (The Crannog): A strip as delineated on the map around the island.

N.B. No craft in categories 1 to 4 to intentionally enter any exclusion zone.

iii - Summer Avoidance Zones.

These Zones are as shown on the map as the West (W) and North (N) Zones and marked by YELLOW buoys

No Category 1 craft to intentionally enter these areas.

Craft in Categories 2 and 3 to reduce their use of the avoidance zones whenever possible.

iv - Winter Exclusion Zones.

The Summer Avoidance Zones become the Winter Exclusion Zones between 9th November and 14th March

Will apply to craft in Categories 1 to 4, except for fishing boats complying with the special conditions.

Special Conditions

Water Skiing:

i - No water-skiing between 9th November to 14th March

ii - Water skiing to be confined to the period beginning one hour after sunrise and ending one hour before sunset or between 6.00am and 9.00pm whichever is the lesser.

iii - Sundays; no water-skiing permitted between 11.00am and 5.00pm. After 5.00pm water-skiing limited to a maximum of five boats

iv - The maximum number of boats towing water-skiers or inflatables at any one time to be no more than ten.

Fishing:

Boats engaged in fishing may enter the Western Exclusion Zone from 1st February to 14 March, but should enter at a slow speed and go no closer than 25metres from the edge of the reed bed. Any trolling in the restricted zone preferably should only be by electric motor or by rowing. Fishermen are asked at all times to act in a manner that minimises disturbance to wild fowl.

Appendix 2 - Mark Names and Approximate Locations

Cr = Creek

H = Hut

N = North

E = East

F = Farm

S = South

Ll = Llangasty

Ch = Church

W = West

Ae = Aerial

Cr = Creek

.... = Club

