

Running Races at Llangorse

We are running a day's familiarisation in 'running races at Llangorse' at the Club on Saturday, 23 April between 10.30 am and 3.30 pm. You don't need to be an expert sailor or rules guru to get involved. No preparation is needed, just turn-up and see how to prepare for and run a race, plus get a few hints on course setting and line laying. Its all practically based and will involve on-the-water coaching. And there's no fee involved! It's a great opportunity to get into a whole different and enjoyable aspect of sailing. If you are up for this please post your interest using the form below and forward it to llangorsesailingclub@gmail.com Look forward to seeing you there!

Running Races at Llangorse – Posting your Interest	
First Name	
Surname	
Membership Number	
Sailing experience.	<ul style="list-style-type: none">• <i>Do you mainly helm or crew?</i>• <i>On a scale of 1 novice to 5 experts, how would you rate your proficiency?</i>• <i>Describe your sailing experience {free text below}:</i>
Signature:	
Date:	
Contact Details:	

